**Certificate of Training**

***This is to certify that***

**Has completed**

**Hydration and the Elderly Training**

***Enter Date***

**Learning Outcomes:**

* Understanding the urinary system
* Understanding dehydration and its risks
* Understanding the benefits of good hydration
* Understanding the causes and risks of poor hydration in the elderly
* Understanding the causes of UTIs
* Understanding the effect of medicines on water in the body

*Name of trainer and signature* *Organisation Logo*