

# Teaching team

The staff team are committed to providing a supportive, stimulating environment for learning. In addition to the core team below, there will be invited speakers with specialist expertise in the area, and contact with other Oxford Institute staff for additional support.

## Dr Sue Clohessy

Sue is Course Director of the PGCert in Supervision of Applied Psychological Practice, Clinical Tutor and the lead for supervisor training at the Oxford Institute of Clinical Psychology Training.

She works clinically with adults with mental health problems, and is an accredited cognitive and behavioural psychotherapist and supervisor, with over 19 years experience. She is an experienced trainer and has researched and published chapters and papers on supervision.

## Dr Helen Beinart

Helen was Director (Clinical and Professional) of the Oxford Institute of Clinical Psychology Training until October 2013. She now works freelance in the field of clinical supervision. Clinically, she has worked with children, young people and their families in health and primary care settings.

Over the past 20 years, she has been involved in clinical psychology training, supervisor training and research into the supervisory relationship. She is author of numerous chapters and papers on supervision and the supervisory relationship.



Oxford University Images/Greg Smolonski

## Contact details

For further information about the PGCert in Supervision of Applied Psychological Practice, please see our website at [www.oxcpt.co.uk](http://www.oxcpt.co.uk) (follow links to PGCert) or contact:

**Dr Sue Clohessy, Course Director**  
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For an application form, please contact:

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**Oxford Institute of Clinical Psychology Training**

PG Certificate in  
**Supervision of Applied  
Psychological Practice**

Oxford Health   
NHS Foundation Trust



# Introduction

**The PG Cert in Supervision of Applied Psychological Practice is a one year, part-time course for qualified practitioners in health, education and social care professions who use psychological principles in their work and want to develop their supervisory skills.**

It will benefit those working within the NHS, third sector, education, social services or private practice settings, and enable students to draw on best evidence to provide effective supervision in their working contexts.

This course offers the opportunity to learn from a teaching team who are experienced trainers, practitioners and researchers in the field, as well as from peers from different professional backgrounds.

All teaching takes place at the Oxford Institute of Clinical Psychology Training, a centre which provides a range of professional development opportunities for a variety of practitioners.

The course is not tied to one theoretical or therapeutic model, but instead draws on a range of theories and research evidence and is suitable for a broad range of practitioners.

Successful completion of the course will equip students with essential supervision skills and an academic qualification from a widely respected institution.

# Course overview

The course consists of 13 teaching days (at monthly intervals, apart from the first 2 days which are consecutive), starting in October.

Key elements of supervision theory and practice will be considered via lectures, workshops, seminars and facilitated supervision groups. There will also be opportunities for online discussion and support between teaching sessions.

A range of theories relevant to supervision as well as the current evidence base will be covered, with particular emphasis on the supervisory relationship.

Key skills in facilitating learning in others, establishing and maintaining effective supervisory relationships, constructive feedback, assessment and evaluation, ethical and reflective practice, valuing difference and diversity and providing supervision in different contexts will be addressed.

# Assessment

- 4,000 word essay on an aspect of supervision covered in the curriculum
- Recording of supervision with 2,000 word critical commentary and an outcome measure of the supervisory relationship
- 3,000 word reflective log of supervision practice and learning and development as a supervisor, and a record of supervisory practice signed by own supervisor
- 2,000 word critique of a therapy model of supervision presented in a tutorial session (for formative feedback only)



# Who can apply

Applicants must be either:

- An applied psychologist with an MSc, Doctorate or equivalent
- A qualified psychotherapist or counsellor holding at least a Bachelor's degree
- Hold a relevant professional qualification in health, social care or education (e.g. nursing, occupational therapy, social work) and some level of training in psychology at undergraduate or post-graduate level

Applicants should also:

- Be qualified professionals with a minimum of 2 years experience
- Be registered with an appropriate professional body (e.g. HCPC, BPS, BACP, UKCP)
- Have some supervisory experience, or be at the point of becoming supervisors
- Have responsibility for supervision for the duration of the course and have supervision arrangements for their own professional practice