

Frimley Park Hospital Alcohol Specialist Nurses

By Margaret Parsons & Leesa Everett

Alcohol Specialist Nurses

- Frimley Park Hospital had no specialist nurses in this area.
- Pilot commenced June 2015 with 2 Full Time Alcohol Specialist Nurses (ASNs)
- Based on The Royal College of Emergency Medicine Alcohol Tool Kit June 2015

What we did

- Built working relationships with the community alcohol services: Catalyst and I Access in Surrey ,Inclusion in Hampshire and New Hope in Berkshire
- Introduced AUDIT C into Emergency Dept. Acute Medical Unit and gastro wards to identify higher risk drinkers.
- Informed GPs of patients high risk Audit C Score and community follow up referrals

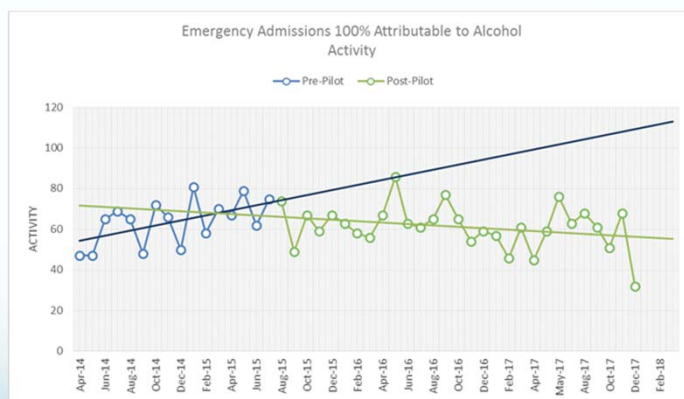
What we did

- Supported and motivated patients, referring them on to community alcohol services
- Stopped admissions just for detox, working closely with the community alcohol services to ensure continuity of care
- Supported nurses and advised doctors on patients receiving in-patient detox
- Clinical changes:
 - Set up a blood profile on ICE for alcohol related admissions in ED
 - Created TTO packs of Thiamine including a patient information leaflet.

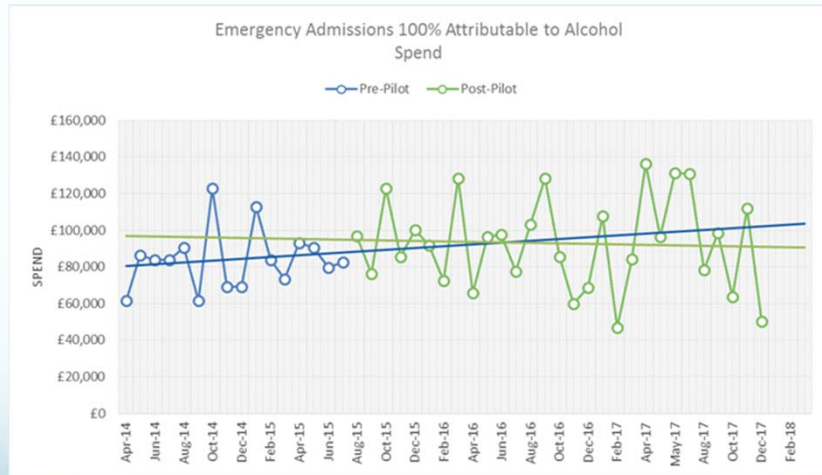
What we did continued

- Introducing CIWA-Ar (pilot) into Frimley park hospital Working alongside gastro consultant and ED consultants to update guidelines and polices.
- Educating nursing students FY1's, - highlighting the importance of alcohol screening, emphasizing the cost implications to ones health, society and the NHS.
- Introduce the CIWA-Ar trust wide.
- ASN to have a permanent working contract
- Expanded the team

Numbers from One CCG



Cost before shows increased trend



“Our Patients Lead Our Service”

ASN Leesa Everett